



EXTREME COLD POLICY

Alamo Area Youth Soccer Association follows U.S. Soccer's Recognize to Recover cold weather guidelines and expect the clubs to adjust or cancel sessions based on temperature, factor in wind chill and alert level.

Alert Level	Wind Chill (F)	Recommended Action
Black	Below 0	Cancel or move activities indoors. Frostbite risk.
Red	1 to 15	Modify activity, limit exposure, more frequent rewarming.
Orange	16 to 24	Extra protective clothing, cover exposed skin, provide rewarming.
Yellow	25 to 30	Caution - Be aware of cold injury potential, notify personnel.
Green	Above 30	Normal activities.